

CONSUMER ADVISORY PANEL MEETING SUMMARY

Thursday, June 11, 2020 – 1:00 PM to 3:30 PM

Virtual/Phone

Present: Sharon H., Lynette B. Lisa T., Shawnee T., SaRah E., Cathy H. (Allegan CMH), Wendy W.

Guest: John (Allegan)

1. Welcome and Introductions
 - a. Review of the Agenda June 11, 2020
 - b. Review of the February 13, 2020 Meeting Minutes

June 11, 2020 agenda and February 13, 2020 minutes accepted as presented.

2. Member Stories –
 - a. Member Experiences During COVID Stay at Home Order
 - Difficult for some to connect with needed services, also a challenging change to telehealth as opposed to in person. There are feelings of being very closed off from others.
 - The stay at home order may have been hard and caused depression but having a hobby and keeping busy was very helpful. The telehealth therapy is difficult and not the same as face to face.
 - Other members comment that after the first time of telehealth therapy, it is much easier and works well.
 - Mr. Hofman comments that telehealth could be very beneficial. It is easier to connect without the need for transportation. He is glad this conversation is taking place to hear the perspective of our members.
 - There seems to be an overall positive experience for most with telehealth.
 - Having more prevention for MH and having a support system is important. A member commented that it would be helpful if case managers encouraged individuals more to have hobbies as a good way to fight with the depression of COVID.

Resources:

- Michigan Rehabilitative Services – Computer Class - https://www.michigan.gov/leo/0,5863,7-336-78421_25392---,00.html
- 211 Can also help as a technology resource
- 888-773-7759 – MDHHS Warmline

5000 Hakes Drive - Suite 500, Norton Shores, MI 49441-5574

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3. COVID-19 Updates –

a. Regional Updates

i. Provider Network Stability

- The PIHPs have submitted provider stability plans to MDHHS. The plans explain how the PIHPs will maintain stability of their provider networks.
- The providers were having to maintain, with loss of revenue from services and additional costs, including things such as PPE and keeping staff.
- The LRE has sent out a survey asking providers to give information on the impact to their organization.
- Providers will be able to request funds to help stabilize them.
- We will also review if the providers have received funds from other sources, this would make sure we help the providers that are most in need.

ii. Front Line Worker Pay Increase

- Legislators have approved a \$2 per hour increase in wages for front line workers. We will be receiving those funds at the end of June. There is an additional \$1 being discussed by legislators, which would bring the total increase to \$3. The additional increase has not yet passed.

b. LRE Staff Return to Office Plan

- As of now, the LRE staff will continue to work from home. The CAP will be contacted about the August meeting when a decision has been made if it will be virtual or in person.

c. SUD

- i. Prevention – Nearly all services have been moved to virtual
- ii. Treatment – Using telehealth when possible

4. Advocacy–

a. Behavioral Health System Redesign

- MDHHS began looking at a new design for the Michigan MH and SUD system. Because of COVID-19 those plans have been on hold and will be for at least the next year.
- Areas MDHHS would like to focus on will be accurate data to look at disparities within the system. They would like more focus on prevention, integration between mental health and physical health, continued use of telehealth services and using the State's warmline for MH.

b. PIHP/State Advocate Group Discussions

- Mr. Hofman has begun chairing meetings between PIHP CEOs and state advocate groups.

5. Regional Updates –

a. LRE Contract Negotiations Update

- The LRE continues to receive month to month contracts from MDHHS.

- The ALJ postponed the hearing between the LRE/MDHHS until August, due to COVID.
- The projections for the LRE is showing that we will not run a deficit for this fiscal year but will have a surplus of funds.

6. SUD

a. TalkSooner Update

- The LRE is continuing to run this campaign. This campaign helps parents discuss drug use with their children.
- Because of COVID the campaign changed to “Since you are home anyway, talk to your kids” This was on numerous platforms, such as the news.
- We will also be working with Mercy Health this summer. They will be placing TalkSooner posters at every Mercy location.

b. Mirecovery Update

- This is a website that the LRE has created that is a comprehensive list of SUD prevention and treatment resources.
- The format has been changed to be more user friendly and interactive.
- There is also information about stigma reduction.

✚ Ms. VanDerKooi will bring pamphlets to the next in person meeting.

c. SUD Strategic Plan Update

- The LRE is working on a regional SUD plan that is due in July. This will go to the LRE Board in June.

✚ Ms. VanDerKooi will write up a summary for the group.

d. Legislative Update

- The Federal government has made a change in the age requirements of use and buying tobacco products. They have raised the age to 21, but the state of Michigan law remains at 18 years old. We continue to work on changing the law to 21 in Michigan.

7. Other Items of Interest or Announcements of Upcoming Events

8. Messages/Reporter to LRE Board of Directors

- Discuss with the Board ideas of how to enhance technology and make available for those that do not have access.
- Improving support systems and aiding individuals that do not have a good support system.

9. LRE Board Meeting –

June 18, 2020 – 1:00pm

Call-in information – 586-482-8124, Conference ID – 942 851 894

10. Upcoming CAP Meetings (2nd Thursdays of alternate months - 1:00 pm to 3:30 pm)
August 13, October 8, December 10

11. Other:

FUTURE AGENDA ITEMS