



SOR Desk Audit and documentation requested for October 1, 2019 – Present
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MDHHS/WSU Attendees: Logan O’Neil, David Havens, Jamie Meister, Ricky Kent, Rachel Kollin, Danielle Hicks, Choua Gonzalez-Medina

Region 3 Attendees: Stephanie Vanderkoi, Kathy Dearborn, Amy Oosterink, James Dearborn, Elizabeth Totten, Joel Ebbers, Kori Bissett, Vicki Cavanaugh, Gary Smith, Michele VanderSchel, Amy Embury, Pam Beane, Gary Smith, Leigh Moerdyke, Robert Johnson, Amanda Tarantowski

Action Items

Action Item	Person Responsible
Send cohort participant numbers to David Havens at MDHHS	Amy Oosterink
Reach out to Joel Ebbers regarding the OEND and Peer surveys	Wayne State Evaluation Team
Inform Region 3 of any stimulant use disorder trainings/conferences that are occurring.	MDHHS Opioid Team
Send requested GPRA documentation to Region 3	Wayne State Evaluation Team/ MDHHS Opioid Team

Prevention Activities

Youth and Family Oriented EBPs

- **Kent County Health Department**
 - Using SOR funding, KCHD is conducting high school Lifeskills training with 9th and 10th grade students. SOR Supplemental funding allowed for the expansion of these services.
 - Four health educators were funded using SOR funds. The demand for BLS was high in schools, therefore SOR Supplemental funding was used to hire an additional full-time health educator.
 - 8 cohorts of students received programming prior to COVID-19. In the Spring, another 10 cohorts reaching 300 students were scheduled

between schools and juvenile detention centers. The sessions in the juvenile detention facilities averaged 15-16 students per session, which is less than public schools. Due to this, the numbers of cohorts were increased to meet the need, however, these cohorts were not able to occur due to COVID-19.

- SOR Supplemental funds are used for funding BLS cohorts. 20 cohorts were set to occur by one health educator, however COVID-19 caused delays: 5 cancelled, 4 complete, 6 scheduled that did not start. Four cohorts are scheduled for this summer.
- The Girls Court groups have transitioned to a virtual platform.
- The juvenile detention residential treatment manager is establishing a system for the 16 participants can have a laptop to have a Zoom meeting with the health educator. A hard copy of the curriculum will be provided, as well.
- Requests regarding BLS continues to occur. KCHD has been responding to these requests for additional resources and materials.
- Face-to-face sessions have not been able to occur since March 2020.
- All health educators have access to Zoom, one with Zoom Premium; allowing multiple meetings to occur simultaneously. An allocation has been made in the budget to get all health educators access to Zoom Premium.
- A slow start to programming is expected in the Fall. However, they are prepared to support teachers with resources and materials.

SOR Supplemental

- Allegan County CMH:
 - SOR Supplemental funding supports Prime For Life, including staff salaries. They have 4 health educators on staff. The funding is used frequently for students caught in possession; the school would contact CMH indicating a student had been caught in possession and they would coordinate a PFL session for the student(s).
 - Prime for Life has been implemented in various forms, including after-school sessions as well as sessions held during the day.
 - One school in particular felt strongly about mandatory drug testing, so Allegan indicated the need for resources for these students; this included PFL, an SUD assessment, as well as other resources.
 - Adult full-day PFL classes are also conducted. Most often probation officers will refer clients.
 - Because these classes had to be rescheduled several times due to COVID-19, the option of in-person or Zoom session is now available.
 - Feedback from participants has been positive.
 - Arbor Circle: Muskegon County and Ottawa County
 - SOR funding has been used for Ottawa County programming.
 - The Transitions program for Lifeskills is aimed at 11th and 12th grade students. The program teaches them basic lifeskills such as budgeting.
 - Five classes were able to be offered in various areas of the community. 54 students participated.

- Two classes were scheduled to start after March, but they have been cancelled due to COVID-19. Due to the delays and restrictions at schools, they were not able to reschedule these virtually.
- Two schools participate in the program as a pilot test. Those schools then trained their own staff so programming could continue.
- Some schools are using the program as an alternative to suspension; students that are caught with substances are referred to the program.
- An attempt to transition the program to a virtual setting occurred in May. However, it was not successful. Virtual teen groups are expected to begin within the next couple weeks, where the Botvin's curriculum will be infused.
- The staff person for PFL was called away on military duty from the Department of Public Health, but Arbor Circle was able to provide staff to continue the programming.

OEND with Harm Reduction

- WSU is seeking to evaluation the impacts of OEND distribution across the state. We have an online survey, soon to be approved by our IRB, that has been ready for distribution since late February. We are asking each region to assist by distributing the link through social media, and to providers who have conducted the OEND trainings for distribution.
 - Would you be willing to distribute the survey link? If so, how?
 - Do you the contact information of OEND participants to distribute the survey?
 - Joel will ask the Red project from Ottawa CMH to see if they can share email addresses. They collect very little personal data however to ensure clients are protected.
 - WSU will email Joel the formal request and pass it on to the Red Project (jebbers@miottawa.org)
- Wayne State University will reach out to Joel Ebbers with a formal proposal regarding the survey.
- Ottawa County CMH
 - They are working on getting Narcan into emergency rooms. This will give people the opportunity to leave the ER with Narcan. This is in the process of being implemented in 2 counties. Due to COVID-19, the implementation process has been slowed.
 - They are working with the Red Project to have a mobile clinic come to Ottawa County to distribute naloxone and provide overdose preventions. This started 2 weeks ago and they are hoping to continue this at least once per week.
 - Naloxone is also planned to go to the Ottawa County Jail; this process has been slowed due to COVID-19. This will occur with the PRC who is SOR funded.
- Allegan CMH
 - Due to the SOR grant award, ACCMHS has been able to obtain needed Narcan. They have partnered with Allegan General Hospital to provide kits there; clients

- can get kits if they request them, if they come in for overdose, or if they are diagnosed with an SUD. Family members are also able to request a kit.
 - ACCMHS staff attended a training provided by Allegan County Red Project. New kits were distributed to staff after training was completed.
 - ACCMHS contracts with the Allegan County Rd Project to obtain naloxone kits for distribution to community-based staff and agencies as well as the Allegan General Emergency Department. ACCMHS and Allegan General have partnered to provide Naloxone kit disbursement to Allegan County residents. Kits are disbursed either by request from a presenting individual or when an individual is seen for overdose, diagnosed with a Substance Use Disorder or is prescribed opiates by the Emergency Department physician as a result of an acute medical issue. Each kits comes with simple instructions printed directly on the Naloxone packaging. ACCMHS has also contracted with Red Project to provide on-going training to Allegan General Emergency Department personnel.
 - Naloxone kits have also been distributed to local EMT, Police, Fire and Sherriff Departments. Allegan County Jail has access to kits through a different funding source.
 - Allegan General Hospital clients can obtain kits through a request, if they have a SUD diagnosis or family members.
 - They also partner with the Red Project and have trained Allegan CMH staff. They receive kits and training. They have also trained local staff. They are hoping to start a new exchange in the county. However, COVID-19 has slowed down this process.
 - EDs and jails in the area have Naloxone from other sources.
- West Michigan CMH:
 - STR funding was being used for open office hours and training for community organizations. Request began to decline toward the end of the grant due to most organizations in the area having received training.
 - They are re-starting this initiative with the Red Project over the next few months using SOR Supplemental funds. They plan to offer foundational training with clinicians in outpatient substance use settings. They will conduct two outpatient groups every month to educate and provide kits to clients in treatment.
 - Kits will be available to law enforcement as needed. Kits will also be distributed through the mobile care unit, as well.
 - They have used the “pause” caused by COVID-19 to evaluate the best method.

Treatment Activities

- Wayne State University: As part of the evaluation we see the peer component as a valuable addition to the state treatment environment. We are working on a short phone interview to be conducted with a sample of peers (all settings Project Assert, hospitals, FQHCs etc) to ask them about their experiences, lessons learned, barriers and facilitators to their work.
 - Would you be willing and able to share contact information of your peers for participation in this evaluation?

- The WSU Evaluation Team will reach out to Joel Ebberts jebberts@miottawa.org for peer study.

Peers in FQHC's, Urgent Care, and Outpatient Settings

- Ottawa County CMH- Joel, Michelle and Cathy
 - Establishing a peer process within the jails has been difficult. However, they have provided additional support and they are working to provide more extensive resources than just touching base with clients.
 - They have started discussing MAT in the Ottawa County Jail and had provided some training until COVID-19 hit. However, this is not an option any longer with jail restrictions during COVID-19. They do offer Vivitrol with restrictions. The jail is open to the idea, it is just a matter of managing some barriers (e.g. COVID-19, establishing procedures).
 - Some additional barriers include: the capacity in the community for MAT providers. MDHHS is hopeful that SOR 2 will provide the additional funding needed for this program to be implemented, including increased provider capacity in the form of start-up costs for new MAT providers and a student loan reimbursement program to help encourage physicians who receive x-waiver training to begin implementing.
 - Some providers have worked with MOC and received training but many have not obtained the waiver and taken on new MAT patients. The region feels an incentive could greatly improve the number of providers offering MAT and taking on new patients.
 - Logan mentioned the Wayne State University Center for Behavioral Health and Justice (CBHJ). They will be available to provide technical assistance surrounding jail MAT implementation, if needed.

OUD Treatment

- Muskegon County CMH:
 - Family Outreach Center: SOR funds are used to fund 1.75 FTE therapists that work exclusively in the Muskegon County Jail. Healthwest Therapists do a majority of the health assessments, while FOC focuses mainly on substance use assessments.
 - Before COVID-19, approximately 60 assessments were completed per month in the jail. Since COVID-19, numbers have dropped as they are not able to enter the jail at this time. They have started to utilize telehealth when possible.
 - FOC conducts all substance use assessments for the Recovery Court.
- West Michigan CMH:
 - SOR Supplemental funds are used to provide MAT. They are working to expand programming to Baldwin County; they anticipate this will begin in July.
 - SOR funds are used to enhance coordination so clients through peer recovery supports. This allows for clients who are receiving MAT to also receive outpatient services such as peer recovery coaches and outpatient groups.
- Jail-Based MAT
 - Ottawa County Jail: experiencing barriers due to COVID-19 (see above).
 - Muskegon County Jail:
 - SOR funds are used to purchase vivitrol. Methadone and Buprenorphine are purchased using another funding source.
 - Kent County Jail:

- They had a challenge where they received funding from two different sources for the same thing – MAT in jail. SOR funds are being used first since they expire more quickly. Once they expire, they will switch to the other funding source.
- Currently, SOR is funding suboxone in the jails.
- Allegan County CMH: (SOR Supplemental)
 - We are working to educate jail personnel about the benefits of MAT. ACCMHS hopes to partner with Allegan County Jail to facilitate access to MAT treatment while individuals are incarcerated.

Recovery Activities

MISSION MI-REP

- Kent County had 7 people graduate from the program, and 3 are expected to graduate.
- Due to COVID-19, the jails released a number of people, including professionals. Relationships have been built with jail inmates, jail staff, and the community. MI-REP has helped to reduce stigma surrounding SUDs as well as form relationships with jail staff (i.e. probation and parole).
 - Barriers/Challenges:
 - A big challenge is connecting clients with resources after leaving the jail.
 - Another barrier has been not having enough housing resources that are accessible for this population. They are considering opening recovery homes for this for men with CSC charges.
 - There have been challenges finding PRC that meet all of the criteria and have the appropriate experience.

Recovery Housing

- Ottawa CMH- Joel, Michele , Kathy
 - SOR funding has helped established two female houses in Holland and Grand Haven. The house in Grand Haven needs repairs; quotes are inspections are in the works. They have also provided financial assistance with startup costs, building repairs, materials, etc. The agency providing these homes and services is No One Lives Alone (NOLA).
 - Due to COVID-19, they have worked to continue residence in recovery homes for clients with employment issues as a result of COVID-19.
- Allegan County:
 - A home was secured in Holland and SOR funds have been used for repairs, plumbing, flooring, and a new furnace. The house is beginning phase 2 repairs to increase capacity by four beds.
- Muskegon County- Fresh Coast
 - Prior to COVID-19, they had a number of successful clients paying their housing until they lost employment as a result of COVID-19. Some SOR funding is used to continue housing for these clients until they can obtain employment again.
- West Michigan CMH:
 - They have access to other funding sources for stays. SOR funding is primarily used to fund residence repairs.
 - They have one recovery residence in Mason County but they were not interested in partnering.

Technical Assistance/General Questions

GPRA

- Region 3 had: 136 intakes, 31 discharges and 27 6-month follow ups (10 complete, 17 administrative discharges). This is currently a 22% follow-up rate. Any 6-month follow up as admin discharges counts against the 6-month follow-up rates
- “Treatment Services” is generally defined as a client who has repeated interaction with clinicians, not a one-time treatment. Those who have repeated interaction with a clinician require GPRA.
- Two recovery homes will need to be added to the dropdown menu – an email will be sent to GPRA@wayne.edu.
- The region requested monthly summaries of GPRA data to enhance 6MFU rates.
- They anticipate struggling to complete 6MFU GPRA's with Recovery Home clients.
- The WSU Evaluation team will send the following information to Region 3:
 - Information on the OEND and Peer surveys and interviews
 - GPRA numbers
 - 6-Month Follow-Up Resources Sheet
 - Peer Recovery Coach Decision Tree
- GPRA questions may be sent to: GPRA@wayne.edu
- Additional GPRA resources can be found at: www.migprainfo.org

General Questions

Stimulant Use Disorders

- Stephanie stated that there has been an increase in methamphetamine use observed in West Michigan.
- If MDHHS staff comes across any trainings and/or conferences (virtual or not), please let Region 3 know.
- Logan mentioned that the Michigan Opioid Collaborative is providing some technical assistance to providers for stimulant use disorders.